Instructions for Use (Model No: 20190029):

1. Hold the mask by the ear loops. Place a loop around each ear, making sure the interior of the face mask is facing the user.
2. Make sure the nose bridge is to the top of the mask.
3. Mold or pinch the nose bridge to the shape of the user’s nose.
4. Adjust the respirator position so that the respirator is comfortably resting on the user’s face.
5. Pull the bottom of the mask to cover the user’s mouth and chin, while making sure the user’s nose is covered.
6. Adjust the elastic band and the adjustment tensioner to the appropriate felt strength of elastic bands.
7. Check the fit of the mask to the face:
   a. Cover the mask with both hands to avoid affecting the position of the mask on the face.
   b. Breathe in and out and if air leaks from the edge of the mask, please re-adjust the elastic band; if the user cannot get a good fit, repeat steps 1-6.