Instructions for Use (Model No: 20190029):

- 1. Hold the mask by the ear loops. Place a loop around each ear, making sure the interior of the face mask is facing the user.
- 2. Make sure the nose bridge is to the top of the mask.
- 3. Mold or pinch the nose bridge to the shape of the user's nose.
- 4. Adjust the respirator position so that the respirator is comfortably resting on the user's face.
- 5. Pull the bottom of the mask to cover the user's mouth and chin, while making sure the user's nose is covered.
- 6. Adjust the elastic band and the adjustment tensioner to the appropriate felt strength of elastic bands.
- 7. Check the fit of the mask to the face:
 - a. Cover the mask with both hands to avoid affecting the position of the mask on the face.
 - b. Breathe in and out and if air leaks from the edge of the mask, please re-adjust the elastic band; if the user cannot get a good fit, repeat steps 1-6.





